



A Balanced Diet Discussion Guide

Our culture promotes an individualistic, Lone Ranger approach to life. But we weren't created to be alone. Just like eating a balanced diet, living in community with other Christians is vital to a full, healthy life. The Church is most fully the Church God designed when we are connecting with each other throughout the week, not just on Sunday mornings.

Scripture for Further Reading

Genesis 2; Ecclesiastes 4:9-12; John 17; Romans 12:1-9; 1 Corinthians 12

Questions for Discussion

1. Where in our culture do you see Lone Ranger Individualism encouraged or portrayed?
2. In your own life, do you tend towards community or individualism?
3. Does a family count as community? Or is that a sort of expanded individualism? Discuss.
4. How does our need for community reflect God's nature and our purpose?
5. Why do we need each other? Why do you think God didn't design us fully self-sufficient?
6. How are you pursuing community as a part of Beaver Creek Nazarene?

