



When we start to live in real community, we often find frustration because we compare ourselves to those around us. We try to take their process of spiritual formation and apply it to our lives. But spirituality isn't one-size-fits-all. There's no formula for healthy spirituality. Rather, we are more like gardens. Each of us is a little bit different, and we should approach our spiritual growth with the freedom to experiment, to figure out what path God designed to lead to our flourishing.

Scripture for Further Reading

Genesis 2:7-18; Mark 4:1-20; 1 Corinthians 12:1-29

Questions for Discussion

1. Do you tend to think of people more as machines (all the same) or gardens (different)?
2. Share a time in your spiritual journey you've felt intimidated by someone you perceived to be better than you.
3. Why is it so easy for us to reduce spirituality to a formula?
4. What are your favorite ways to connect to God?
5. What's an "outside the box" way you can connect with God this week?

