

The Trinity is the most basic expression of who God is: God is wholly self-giving love. God exists eternally as Father, Son and Spirit - three persons who are united as one being. And these three are constantly giving to and receiving from each other. This is God. This is Trinity. We were created in this God's image. The good news is that through Jesus' death and resurrection, God invites us to join in the Trinity's inner life. We were created to be givers, and we are never more fully ourselves than when we give.

Scripture for Further Reading

Genesis 1:26-27; John 1:1-18; Philippians 2:5-11; Colossians 1:15-20; 1 John 4:7-13

Questions for Discussion

1. What is the Trinity? Why is this doctrine so confusing?
2. What does it mean to say that all three persons of the Trinity are coequal and coeternal?
3. Why does 1 John 4 tell us that God is self-giving love? How is this love the core of who God is?
4. What does it mean to be created in God's image?
5. What does it look like to give the way God gives?
6. How will you choose to be a giver this week?

