



Discussion Guide for “Information vs. Transformation”

Thrill of Hope Week 3

Last week, Peter told us to “live holy and godly lives” as we wait for the End. But what does that *look like*? Christians often turn to spiritual practices like reading scripture or prayer, but just as often, those practices leave us feeling empty. If we learn to approach these practices for transformation rather than information, we will unlock the key to spiritual life: we must wait for God to make us holy. And we can trust that God will, because God is faithful to come to us, as the first Christmas proves.

Scriptures for Further Reading

[1 Thessalonians 5:16-24](#)

[Isaiah 61:1-4, 8-11](#)

[Psalm 126](#)

[Luke 1:46-55](#)

[2 Peter 3:8-15](#)

Questions for Discussion

1. If someone asked you what it means to be “holy” and “godly”, how would you answer them?
2. Do you consider yourself “good at” reading scripture or prayer? Why?
3. What is the difference between reading Scripture or praying for “information” and doing those practices for “transformation”?
4. What did JR. mean when he claimed that spiritual practices make us open to God’s arrival?
5. Are you doing the Prayer of Examine challenge? How is it going?

Prayer of Examine

Morning

1. Where will I be tempted to resist God today?
2. How can I work with God today?

Evening

3. Where did I resist God today?
4. Where did I work with God today?