



## Discussion Guide for “Living for Peanuts”

### *Can You Hear Me Now? Week 5*

We all cling to certain things in our lives – our jobs, our families, our beliefs. But all too often, the way we cling to those things brings exhaustion, despair, defeat – in a word, death. We find true life in letting go of our lives, allowing them to “die” so that we are free to grasp the life God offers us. Only when we lose our lives are we free to find the life that truly is life!

#### **Scriptures for Further Reading**

[Jeremiah 31:31-34](#)

[Psalm 51:1-12](#)

[John 12:20-33](#)

[Hebrews 5:5-10](#)

[Revelation 3:14-22](#)

#### **Questions for Discussion**

1. What strikes you about the story of hunting for monkeys using peanuts?
2. What “peanuts” do you find yourself clinging to in your life?
3. What were the Israelites Jeremiah addressed in 31:31-34 clinging to? What did the transformation God offered them look like?
4. Why does letting go of our “peanuts” feel like a little death?
5. Consider Jesus’ words in John 12:20-33. Why must death precede life?
6. What does this look like in your life this week?