



Discussion Guide for “Stay With Me” by Sam Smith

Top 10 Songs – Week 2

We're taught that complete freedom is the path to happiness. But as Sam Smith's "Stay With Me" reveals, that path leaves us isolated and alone. Psalm 119 celebrates the freedom we find in pursuing commitment, not running from it.

Scriptures for Further Reading

[Psalm 119:41-48](#)

[Psalm 119:57-64](#)

[Deuteronomy 33:1-5](#)

[Deuteronomy 6:4-9](#)

[Romans 3:1-2](#)

Questions for Discussion

1. What do you make of the emotions in “Stay With Me”?
2. Share a time in your life you have been afraid of commitment. Why do we pit commitment against freedom?
3. Describe how Jewish people saw “the Law” (Torah). How is Psalm 119 a love song to the Law?
4. How does commitment facilitate freedom?
5. What does it look like for you to Stay this week?