



Discussion Guide for “Ghosts”

Monsters – Week 4

Ghosts are stories of regrets – spirits that haunt the living because they have “unfinished business”. In truth we are the haunted houses. We carry round unresolved issues from our past. By comparing two biblical Sauls – the King and the Apostle, we see the consequences of living with regret and the promise of choosing to be free from the ghosts of our past.

Scriptures for Further Reading

[1 Samuel 28:7-20](#)

[Philippians 3:3b-14](#)

[Isaiah 43:16-19](#)

[2 Corinthians 7:10-11](#)

[Romans 8:28-39](#)

Questions for Discussion

1. How are ghost stories time travel stories?
2. King Saul was haunted by inadequacy. What did that look like in his life?
3. Saul/Paul the apostle could have been haunted by his past – how so? Can you relate to either Saul?
4. Paul compared his past to poop – it’s only good for throwing in the trash. Why do we carry our past around with us?
5. What does it look like for you to let go of regrets and pursue God this week?