



Discussion Guide for “Zombies”

Monsters – Week 3

Zombies are mindless creatures who follow their most basic desire - to eat and eat and eat. They represent our fear that humans are most basically animals driven by destructive instincts. We distrust our cravings, our loves. But Scripture tells us if we follow God, God will give us the desires of our hearts. How can we learn to trust our desires as the path to life? How can a zombie learn to trust in God and be transformed - braaaaaains and all?

Scriptures for Further Reading

[Psalm 37:4](#)

[2 Corinthians 5:17](#)

[Philippians 2:1-11](#)

[Mark 12:28-31](#)

[Romans 12:1-2](#)

Questions for Discussion

1. Zombies became popular in the late 1960s and again in 2008. Why? What do zombies represent?
2. Why are we afraid of our desires? Share a time you've seen a love become toxic.
3. Read Psalm 37:4. Why is this verse scary to a zombie?
4. How does a life of faith make it possible to trust our desires? What does this look like?
5. What does your next step look like this week?