

current series

WHAT TO EXPECT

WHEN WE'RE EXPECTING



Discussion Guide for “If You Want to Go, You Have to Leave” *What to Expect when We’re Expecting* Week 2

Becoming the people God calls us to be is a journey of discovery. A journey requires that we change, which can be scary, painful and difficult. The prophet Malachi offers words of hope: that even though the change is difficult, God is with us, shaping us into the people who will be ready to live in the future God is preparing us for.

Scriptures for Further Reading

[Malachi 3:1-4](#)

[Luke 1:68-79](#)

[Luke 3:1-6](#)

[Ephesians 2:10-22](#)

[Philippians 1:3-11](#)

Questions for Discussion

1. Share a change you’ve experienced that was difficult, but ultimately worthwhile.
2. Why is change – even good change – so hard for us?
3. What changes in Catalyst’s future scare you?
4. How do Malachi’s words comfort you?
5. What small changes can you make this week to inoculate you to the change process?