



Discussion Guide for “Dust in My Mouth” *Good Grief* Week 4

When do we stop praying for healing? What does solidarity look like with those who are hurting? Artist and theologian Katie Fisher shares from Lamentations 3. Putting dust in our mouths is at once an act of solidarity and a declaration of hope.

Scriptures for Further Reading

[Lamentations 3](#)

[Job 2:11-13](#)

[Isaiah 53:3-9](#)

[Matthew 26:36-46](#)

[John 11:30-36](#)

Passage for Sacred Reading:

A sacred reading is a method of reading Scripture that invites God to speak to us through the text. If you have never done a sacred reading, here is [a simple step-by-step guide](#). This week’s passage is [Lamentations 3](#).

Questions for Discussion

1. Share a time you prayed for healing. Were you healed? Why do you think God sometimes heals and other times doesn’t?
2. How might prayer for healing keep us from becoming the people God calls us to be?
3. In Lamentations 3, the prophet puts dust in his mouth. Katie said this is an act of hope. How?
4. What does it look like to put dust in our mouths today?
5. How can you be vulnerable this week?