



Discussion Guide for “Superman Messiah” *To Be Continued* Week 1

How often in our preparations for Christmas do we forget to prepare ourselves for the coming of Christ? While the prophet Isaiah prays that God will tear open the heavens and come to us, Jesus instead comes humbly, in ways we least expect. How can we be alert and attentive this Advent season so we don't miss when Jesus comes among us?

Scriptures for Further Reading

[Isaiah 64:1-9](#)

[Psalm 80:1-7, 17-19](#)

[Mark 13:24-37](#)

[1 Corinthians 1:3-9](#)

Passage for Meditation:

Christian meditation is intentional prayer that invites God to transform us as we are mindful of Scripture. If you have never done Christian meditation, here is a [guide from](#) our Catholic friends. This week's verse is: **I am the clay and you are the potter. I am formed by your hand. -- Isaiah 64:8**

Questions for Discussion

1. What does the season leading up to Christmas usually look like for you? What kinds of preparations do you usually make?
2. Why did the people in Isaiah's day want God to 'tear open the heavens'? What kind of experiences made them use such dramatic language?
3. What does it mean to say that Jesus is not a Superman messiah? Why is it important to recognize Jesus is not God's 'Clark Kent' disguise?
4. In Mark 13, Jesus warns us to stay awake and keep watch. Given how Jesus came the first time, why is this so important?
5. What does it look like for you to be attentive and awake during this Christmas season?