



Discussion Guide for “The Comfort of Repentance” *To Be Continued* Week 2

How does our preparation for the Christmas season cause us to miss Christ? Often, our lives become cluttered with busyness and sin that keep us from seeing the God who comes to us at Christmas. Both Isaiah and John the Baptist invite us to prepare a path for God in our lives. They insist a call to repent is a comfort for us! How is repentance a sign of God’s comfort during a busy holiday season?

Scriptures for Further Reading

[Isaiah 40:1-11](#)

[Psalm 85:1-2, 8-13](#)

[Mark 1:1-8](#)

[2 Peter 3:8-15a](#)

Passage for Meditation:

Christian meditation is intentional prayer that invites God to transform us as we are mindful of Scripture. If you have never done Christian meditation, here is a [guide from](#) our Catholic friends. This week’s verse is: **A voice cries out: "In the wilderness prepare the way of the LORD, make straight in the desert a highway for our God. – Isaiah 40:3**

Questions for Discussion

1. What kinds of activities and thoughts occupy your time during preparation for Christmas?
2. The prophecy in Isaiah 40 begins with “Comfort, comfort!” Why is the prophet offering comfort?
3. John’s call to repent in Mark 1 is interpreted as a comfort. How can this call to repent be a source of comfort?
4. What gets between you and God especially during this time of year?
5. What does it look like for you to prepare for God to come this Christmas?