

Discussion Guide for Easter Sunday Monday Messiah Week 1

Do you ever feel like your calendar is broken? Like you wish you had the power to add hours, days or even weeks to your schedule? When did our lives get so out of control? And who *is* running our calendars? On this Easter Sunday, we celebrate the God who took control of time by raising Jesus from the dead. How does his resurrection free us to take control of our lives, to live in the freedom Jesus gives us?

Scriptures for Further Reading

John 11:17-34

John 20:1-18

Isaiah 25:6-9

Psalm 118:1-2, 14-24

1 Corinthians 15:1-11

Passage for Mediation:

Christian mediation is intentional prayer that invites God to transform us as we are mindful of Scripture. If you have never done Christian meditation, here is a <u>guide from</u> our Catholic friends. This week's verse is: "Don't cling to me," Jesus said, "for I haven't yet ascended to the Father. But go find my brothers and tell them, 'I am ascending to my Father and your Father, to my God and your God.'" Mary Magdalene found the disciples and told them, "I have seen the Lord!" Then she gave them his message. — John 20:17-18

Questions for Discussion

- 1. What is more chaotic: the history of our calendar or your weekly schedule? Why?
- 2. Why do we have so little time? What demands are made on our time? Why do we say "Yes" to so much?
- 3. Consider Jesus' words in John 11:25. Do you associate Jesus' new life with the life we're living right now? Discuss.
- 4. What does it mean to say Easter Sunday is an '8th day'? What are some differences between Jesus' new world and the old world?
- 5. What does it look like for you to submit your calendar to Jesus? What does it look like for you to live in his time this week? What do you need to say 'Yes' to? What do you need to say 'No' to?