



Discussion Guide for A Defense of the Faith

Monday Messiah Week 2

Does the idea of fighting about religion make you nervous? Of course it does! But we're so often taught that we have to defend our faith against people who don't believe. After all, Jesus himself said, "I am the Way". But what if Jesus' words weren't a line in the sand, but an invitation to life? How can we find a better way to engage our non-believing neighbors with vulnerability and love?

Scriptures for Further Reading

[John 14:1-6](#)

[Psalm 133](#)

[John 20:19-31](#)

[Acts 4:32-35](#)

[1 John 1:1-2:2](#)

Passage for Meditation:

Christian meditation is intentional prayer that invites God to transform us as we are mindful of Scripture. If you have never done Christian meditation, here is a [guide from](#) our Catholic friends. This week's verse is: **Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me." -- John 14:1-6**

Questions for Discussion

1. Do you discuss religion with other people? How often? What are these discussions like?
2. In John 14, Jesus is talking not about heaven, but his own body. What does it mean to say that Jesus makes a place for us in his body?
3. Thomas the skeptic was convinced not by the arguments of the disciples but by Jesus' own vulnerability. How does this challenge our desire to fight for our religious beliefs?
4. What does vulnerability in conversations about religion look like? What does a vulnerable church look like?
5. Who needs you to be vulnerable with them this week?