



Discussion Guide for Remaining in Love

Monday Messiah Week 6

No one wants to admit it, but we're all really bad at being loved. Our inability to receive love poisons all our relationships. How can we learn to remain in Jesus' love so that we can share love with the world around us? What does it look like to remain in the true vine?

Scriptures for Further Reading

[John 15:9-16](#)

[Psalm 22:25-31](#)

[Psalm 139](#)

[Acts 8:26-40](#)

[1 John 5:1-6](#)

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [Psalm 139](#).

Questions for Discussion

1. Do you find it surprising that most people don't feel secure in their identity? What kinds of problems have you seen that cause in relationships?
2. Read Jesus' words in John 15:9-16 again. What is the connection between loving others and loving God, according to Jesus?
3. It seems counter-intuitive that self-love must come before loving others. Why does Jesus insist this is so? (Bonus points: how does this prevent the burn-out we talked about last week?)
4. What spiritual practices have you found most helpful to remain connected with Jesus?
5. What does it look like for you to receive love this week?