



## Discussion Guide for “Impostor Syndrome”

### *Raise Your Voice Week 1*

Have you ever been silenced? It doesn't feel good. No wonder so many of us don't speak up for what's right. We feel ignored, unimportant or unworthy. But Mary's story shows us that God calls us to speak up, to join in. All God requires of us is a "Yes".

#### **Scriptures for Further Reading**

[Jeremiah 33:14-16](#)

[Psalm 25:1-10](#)

[Luke 1:18-20](#)

[Luke 1:26-38](#)

[Luke 21:25-36](#)

[1 Thessalonians 3:9-13](#)

#### **Passage for Sacred Reading:**

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [Luke 1:5-38](#).

#### **Questions for Discussion**

1. Have you ever been silenced by someone else? What did that feel like?
2. What are ways people in our culture are silenced today?
3. Kathy writes, *“I didn't understand how powerful my words and my voice could be until someone made sure I wouldn't be heard.”* Discuss this in terms of your own voice.
4. Why do you think God silenced Zechariah but not Mary? What was the difference between them?
5. What do you think it looks like for you to speak up during this Advent season?
6. What keeps you from speaking up?
7. How is God calling you right where you are?