



Discussion Guide for “Don’t Forget to Rejoice!”

Raise Your Voice Week 3

Ironically, too often in the midst of our preparation to celebrate Christmas, we forget to actually celebrate. The same is true of our work for justice - we burn out or get overwhelmed. The third Sunday of Advent reminds us this work belongs ultimately to God, not us. So we need to take time to pause and rejoice that God is faithful!

Scriptures for Further Reading

[Zephaniah 3:14-20](#)

[Isaiah 12:2-6](#)

[Luke 1:39-45](#)

[Luke 3:7-18](#)

[Philippians 4:4-7](#)

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week’s sacred reading is [Zephaniah 3:14-20](#).

Questions for Discussion

1. Do you get overwhelmed during this time of year? Why is it so hard for us to rejoice in a season of celebration?
2. What justice issues cause fatigue for you?
3. Read Zephaniah 3:14-20. Why is joy such an essential part of the work of justice?
4. What is the difference between rest and leisure? Which do you do more often?
5. What does real rest look like for you? How can you rest and rejoice in these next two weeks?