



Discussion Guide for “The Gift of Awkward”

Cringeworthy Week 1

Why do we feel awkwardness? And when we feel it, what, exactly, are we feeling? The first awkward moment in the Bible, Genesis 3, shows us both the danger and opportunity of awkwardness. How can we refuse to hide or flee, and instead stay in the awkward promise of the cringe?

Scriptures for Further Reading

[Genesis 3:6-13](#)

[Psalm 139](#)

[John 3:19-21](#)

[Romans 7:21-25](#)

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week’s sacred reading is [Psalm 139](#).

Questions for Discussion

1. How do you respond to awkwardness? Do you laugh? Avoid it? Cringe?
2. Awkwardness means “turned in the wrong direction”. How is awkwardness an opportunity to see our sin?
3. What are some examples of sins that people can’t see in themselves?
4. How does Genesis 3 illustrate both the danger and promise of that awkward moment?
5. What will it take for you to pray Psalm 139:23-24 this Lent?