



Discussion Guide for “Mutual Respect”

Growing Together Week 4

Truly healthy relationships require boundaries. The story of Abram and Lot shows us what it looks like to draw clear, loving and grace-filled boundaries while being confident in God's love and provision.

Scriptures for Further Reading

Gen 13:5-9

Genesis 1:1-2:4

Galatians 6:7-8

1 John 4:1

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [Genesis 1:1-2:4](#).

Questions for Discussion

1. Why did Van Halen insist on a bowl of M&Ms with no brown ones? How does that reasoning make you feel about the band?
2. Are healthy boundaries hard for you to draw? Why?
3. Review the story of Abram and Lot in Genesis 13. Put yourself in Abram's sandals. What do you think he felt during their meeting? What about Lot?
4. How was Abram's boundary-drawing grounded in faith in God?
5. Healthy boundaries are often harder to draw the more necessary they are. Why do you think this is?
6. What are some reasons people need to draw healthy boundaries?
7. Are there any relationships where you need to draw boundaries? What are the 'brown M&M's' of those relationships?