

Rooted

Finding a relationship with God

Search

I'm Feeling Lucky



Discussion Guide for “A Deeply Rooted Faith”

Rooted Week 2

One of the hallmarks of a faith that is deep, vibrant and flourishing is consistent, healthy spiritual practices. Not because we earn God’s favor, but because spiritual practices are a pathway to a relationship with God. How can we cultivate these practices that lead us to knowing God more fully?

Scriptures for Further Reading

[Joshua 1:7-8](#)

[Psalm 1](#)

[Galatians 3:24](#)

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week’s sacred reading is [Psalm 1](#).

Questions for Discussion

1. What comes to mind when you hear the term ‘spiritual practices’?
2. Why do you think spiritual practices so often become obligations in religious circles?
3. Review Galatians 3:24. What was the role of a guardian or tutor in ancient Rome? How did Paul imagine spiritual practices functioning similarly for us?
4. Review Psalm 1:2-3. How deeply rooted would you say you are?
5. How are spiritual practices pathways to knowing God (not just knowing *about* God)?
6. What practices is God inviting you to invest yourself in this week?