



## Discussion Guide for “The Spotter”

### *Winds of Change* Week 7

Facing the pain of the world is daunting, and can feel impossible. But the Holy Spirit knows what we're called to, and empowers us when that calling pushes us to our limit!

#### **Scriptures for Further Reading**

[Romans 8:15-26](#)

[John 20:19-22](#)

#### **Passage for Sacred Reading:**

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [Romans 8](#).

#### **Questions for Discussion**

1. Be honest: are you ‘that person’ in the gym? The one who screams when they lift? What’s that scream all about?
2. How does Paul describe the Holy Spirit’s help when we’re weak? How does that description sit with you?
3. Paul also compares our work to childbirth. Does this metaphor resonate with you? Would you say it’s... ahem... *pregnant with meaning*?
4. How does this passage impact your understanding of the Holy Spirit’s presence in your life?
5. What’s something really hard you’ve had to do recently? Or something that is in front of you? How can you be awake to the Spirit with you, spotting you as you do that thing?