



Discussion Guide for “How to Tell the Truth”

How to Survive the Election Week 3

Jesus said, "I am the truth." So why are Christians so susceptible to conspiracy theories? God call us to be a people of sound teaching. How do we do that in a world of fake news and alternative facts?

Scriptures for Further Reading

[Ephesians 4:11-25](#)

[John 14:6](#)

[Proverbs 18:17](#)

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [Proverbs 18](#).

Questions for Discussion

1. Do you see Christians in your life sharing conspiracy theories? Why do you think we do that?
2. Revisit Ephesians 4. How was a commitment to truth important for Christians in ancient Ephesus?
3. How can truth-telling be a way we bear witness to Jesus during this election season?
4. JR. recommended that we not give ourselves the benefit of the doubt. What did he mean by that? How do we do that?
5. How do you know whether something is true? How do you verify truth before passing something along?