



## Discussion Guide for “Transformation”

### *Church of Theseus Week 2*

Too often, faith is reduced to an intellectual exercise. But Jesus pressed for transformation, change so dramatic it was described as 'resurrection' or 'rebirth'. What does it look like for us to pursue this sort of new life here at Catalyst in the coming year?

#### **Scriptures for Further Reading**

John 3:1-8; 2 Corinthians 5:17

[Click here to read all scriptures](#)

#### **Passage for Sacred Reading:**

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [John 3](#).

#### **Questions for Discussion**

1. What would you say is the purpose of faith?
2. How would you describe Nicodemus, the man Jesus meets in John 3? What kind of people would you compare him to today?
3. Why do you think Nicodemus had such a hard time understanding Jesus' teaching? What barriers did he face?
4. Jesus insists that God's new life comes by the Holy Spirit. How is this different from more knowledge? Is there a place for knowledge in spiritual formation?
5. What does further transformation look like for you this week?