



Discussion Guide for “The Importance of Being Together”

Deep Breath Week 3

It's pretty hard these days to muster the energy to worship. Whether it's an ongoing weariness with virtual, guilt over feeling defeated and exhausted or a more general malaise, just showing up feels like a miracle. Would it surprise you to know that experience is common? And that it's a sign that the best place for us to be is... in worship together?

Scriptures for Further Reading

Nehemiah 8:1-10; Psalm 19; Luke 4:4-21; 1 Corinthians 12:12-31

[Click here](#) to read all scriptures

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. You can find a [step-by-step guide here](#). The passage for this week's sacred reading is [1 Corinthians 12:12-31](#).

Questions for Discussion

1. Have you ever experienced homesickness? What was that like?
2. How is the grief we experience around COVID similar to homesickness? What's happening in that grief?
3. Review the two groups under Nehemiah's leadership. What do you think they were experiencing as they worked on Jerusalem's wall?
4. Did Nehemiah's instruction not to weep surprise you? Why did he say that to them?
5. What is unique about the space where we worship together (virtual or in-person)? How does God use this space to change us?