



## Discussion Guide for “Truth & Reconciliation”

### *Deep Breath Week 7*

Over the last several years, we've all experienced strained and broken relationships. What is the faith-filled path forward in these relationships? How do we create space for forgiveness and reconciliation? Joseph's reunion with his brothers illustrates how we can seek real healing.

#### **Scriptures for Further Reading**

Genesis 45:3-11, 15; Psalm 37:1-11, 39-40; Luke 6:27-38; 1 Corinthians 15:35-38, 42-50

[Click here](#) to read all scriptures

#### **Passage for Sacred Reading:**

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. Get a [step-by-step guide here](#). The passage for this week's sacred reading is [1 Corinthians 15:35-38, 42-50](#).

#### **Questions for Discussion**

1. What relationships in your life have been strained or broken in the last couple of years? What have been the sources of those strains and breaks?
2. Why is it so tempting simply to ignore the sources of conflict in the name of getting along? What's wrong with doing that?
3. Return to Joseph's story. Why was it important he knew his brothers had changed before he revealed his identity?
4. In the scene in Genesis 45:3-11, discuss the emotional reactions of everyone involved. How did Joseph create the possibility of reconciliation between him and his brothers?
5. What relationships need healing in your life? What relationships need boundaries?