



Discussion Guide for “Back to Reality”

Deep Breath Week 8

Who ever wants to come back from vacation? Or go to the office on Monday? Or leave any of those places where we feel free to be most fully ourselves? Jesus shows us that God invites us into these spaces not to hide, but to receive strength and courage to take Jesus' love to the world.

Scriptures for Further Reading

Exodus 34:29-35; Psalm 99; Luke 9:28-36; 2 Corinthians 3:12-4:2

[Click here](#) to read all scriptures

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. Get a [step-by-step guide here](#). The passage for this week's sacred reading is [Psalm 99](#).

Questions for Discussion

1. What is your favorite space, the place or people where you feel most free to be yourself?
2. Review the story of the transfiguration. Why do you think it was such a comfort for Jesus? How do you think Peter felt? How would you have felt?
3. Discuss Peter's desire to build tabernacles? How was he doing the 'right thing' in his mind?
4. Review Paul's (uh) reflection on Moses' glowing face and veil. How does Paul use the Moses story to challenge the Corinthian congregations?
5. What does it look like to follow Jesus 'down the mountain'? How is this a holy exhale? What does that look like for you as we turn toward the season of Lent?