



Discussion Guide for “Abuela the Challenger (Eights)”

La Familia Madrigal Week 2

Do you know someone who is a little prickly, who has a tough exterior and a strong sense of justice? A person who stands up for the little guy, but also has a tendency to steamroll people? Then you might know an Eight. Abuela, the matriarch of la familia Madrigal, illustrates how Eights can be a potent force for good when they're healthy, but cause a lot of damage when they get off track. So how can Eights be open to the Spirit? And how do the rest of us love the Eights in our lives well?

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. Get a [step-by-step guide here](#). The passage for this week's sacred reading is [1 John 1:5-10](#).

Questions for Discussion

1. How do you feel about Abuela from *Encanto*?
2. Why did Abuela work so hard to protect la familia's magic? What was good about this motivation? What was bad?
3. Eights direct their anger out at the world. What does this end up looking like? Do you know any Eights? Are you an Eight?
4. JR. said that vulnerability takes real courage. How is this a healing message for Eights?
5. How do you know when it's safe to be vulnerable?
6. Where in your life are you vulnerable? Where do you still find yourself hiding?