



Discussion Guide for “Prepare to be Changed”

Spark Week 7

Despite the popular depictions, spiritual transformation is a process - more a journey than a singular experience. That being the case, how do we prepare well for a journey of transformation? What do we need to do to ensure we're ready for the change that's ahead of us?

Passage for Sacred Reading:

Sacred Reading is a way of reading Scripture with an eye toward transformation, not just information. Get a [step-by-step guide here](#). The passage for this week's sacred reading is Exodus 24:12-18.

Questions for Discussion

1. How do you prepare for a trip? Are you a planner or a panic packer?
2. Revisit Exodus 24. How is Moses trying to prepare God's people? What sticks out to you in this passage?
3. Moses is on the mountain for 40 days, and while he's gone, the people build a golden calf. What do you think this says about them? Where do you see yourself in this story?
4. Now look at Jesus' activity in Matthew 17:1-9. How is he like Moses? Who do you see yourself as in *this* story?
5. How is God calling you to prepare for Lent this year?